

# Teacher's Tools to Happiness

**Name:** Alicia Sewell

**Birthday:** March 1, 1986

These are my favorite...

**Restaurants:** Longhorn Steakhouse and Urban Cookhouse

**Places to Shop:** Target, Old Navy, Lane Bryant, The Loft, Petco, Trader Joes

**Snack Foods:** Smartfood white and butter popcorn

**Color:** Primary colors

**Candy:** Twix, Snickers, Kit Kat

**Drinks:** Pepsi, Urban Cookhouse sweet tea, Longhorn Steakhouse sweet tea

**Flower:** White roses, Sunflowers, Red roses, Bird of Paradise

**Scent:** Anything with mahogany from Bath and Body Works

**Sports Team:** Alabama Gymnastics

**Hobbies:** Reading, hiking, Pilates, Burn Boot Camp, traveling, spending time with family and friends, watching TV shows and movies, and cuddling with my fur babies (Sassy & Brody)

**Allergies:** None

